She IGO INN

Bar Food Menu

€5.95

Homemade soup of the day

Freshly made soup of the day, with our homemade guiness bread.

Allergens (1,3,5,7,8,9,1) Chicken Wings Crispy Irish Chicken wings, marinated in a choice of BBQ or Spicy sauce and served with blue cheese dip and fresh celery. Allergens (1,1a,3,6,7,7b,9,10)	Sml. €9.80	Lrg. €16.95
Chicken Tenders Premium Irish chicken Goujons, prepared daily and cooked to a golden crisp and served with a homemade garlic mayo. Allergens (1,1a,3,6,7,10)	€8.70	€16.95
Tiger Prawn Pil Pil Tiger prawns baked in a garlic, sweet chilli and paprika marinade served with crusty bread. Allergens (1,1a,2,4,7,7c)	€10.50	€19.95
Classic Beef Burger	€17.50	

Classic beef burger, pan fried with Irish Bacon, cheese, lettuce, tomato, caramelised onion on a grilled brioche bun, served with chips and Ballymaloe relish on the side.

Allergens (1,1a,3,6,7,7b,10)

Buttermilk Southern Fried Chicken Burger

€17.50

Full breast of premium irish chicken cooked southern style on a bed of lettuce, tomato, red onion, cheese and irish bacon placed in a grilled brioche bun served with a BBQ dip and chips.

Allergens (1,1a,3,6,7,7b,10)

Catch of the Day

€17.95

Fresh fish of the day coated with our Igo Inn light beer batter served with mushy peas, homemade tartar sauce and handcut chips. Allergens (1,1a,3,4,6,7,10)

Homemade Beef Lasagne

€17.50

Layers of minced beef in a rich tomato sauce topped with cheddar cheese, served with crusty garlic bread and handcut chips. Allergens (1,1a,3,6,7,7a,7b,9,10)

Igo Inn Stir-fry Veggie €13.95 Chicken €16.95 Prawn €19.95

Stir-fry of your choice with onions, peppers, bean sprouts, courgettes and noodles served in a sweet chilli and lime marinade. Allergens (1,3,6 (4 in prawns))

Chicken Curry/Veggie Curry €17.50

Chicken breast in a mild/medium or strong gluten free curry sauce with vegetables & rice. Allergens (1,5,6,7,10)

Chicken Caesar Salad

Sliced chicken breast drizzled in our house caesar dressing with baby gem lettuce, with crispy bacon, croutons & parmesan cheese. Allergens (1,1a,3,4,7,9,10,12)

€16.95

€19.00

€15.95

Succulent pork and leek sausages nestled on a bed of buttery mash potatoes, vegtables and drenched in a rich onion gravy. Allergens (1,1a,6,7a,7c,9,10,12)

7oz Irish Steak Sandwhich

7oz steak pan fried served on crusty garlic bread with tobacco onions and our in house peppercorn sauce.

Allergens (1,1a,3,4,7,7c,10,12)

Bangers and Mash

Chicken and Bacon Carbonara €17.45

Chicken and smoked bacon cooked in a creamy white wine and parmasan sauce, tossed with rigatoni pasta, garnished with parmesan flakes and served with crusty garlic bread.

Allergens (1,1a,6,7,7a,7c,9,12,13)

Chicken and Chorizzo Rigatoni €17.45

Pan fried chicken and chorizzo in a creamy sauce with green peas, tossed with rigatoni pasta and flaked parmesan served with crusty garlic bread. Allergens (1,6,7,7a,7c,9,12,13)



Sides

Taco Sauce and Cheese Chips - €5.95 3.7b,6,10 Garlic Cheese Chips - €5.95 6.7.7b Sweet Potato Fries - €5.50 6 Taco Sauce Chips - €4.95 6.3,10 Shoestring Chips - €4.50 6 Handcut Chips - €4.50 6 Garlic Bread - €4.50 1,1a,7,7c Side Salad €4.00 10,6 Side of Veg €4.00

Breakfast Menu

Breakfast available until 1pm**

All breakfast served with free tea or coffee

Belly Buster Breakfast

€13.00

Two Sausage, two bacon, one white pudding, one black pudding, tomato, beans, egg, mushroom, chips and toast.

Allergens (1,1a,1b,3,6,7,9,10,12,13)

Igo Breakfast

€11.50

Two Sausage, two bacon, one white pudding, one black pudding, egg, and toast.

Allergens (1,1a,3,6,7,9,12,13)

Veggie Breakfast

€10.00

Grilled tomato, mushroom, avocado, beans, poached egg and toasted sourdough.

Allergens (1,1a,3,6,7,9,10,12,13)

Omelette

€12.00

4 egg omelette with choice of ham, peppers, onions, mushrooms, chicken and cheese. **+add chips for €2.50**

Allergens (1,3,7,7a,9,10,12,13)

Breakfast Bap

€8.50

Sausage, egg, bacon, white pudding and Ballymaloe relish. +add chips for €2.50

Allergens (1,1a,1b,3,6,7,9,10,12,13)

Avocado Toast

€10.00

Smashed avocado, black pudding, bacon, poached egg and toasted sourdough Allergens (1,1a,3,6,7,9,10,12,13)

Sandwich Menu

Freshly made Soup and Sandwhiches/Wraps/Panninis

Sandwhiches €5.95 Soup and Sandwhich €10.00 Add tea or any coffee for €2.00

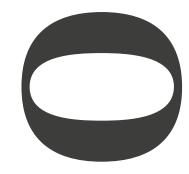
- Chicken and Basil Pesto Panini 1,1a,6,7,7c
- Ham, Cheese, Tomato and Onion Sandwich or Toasted 1,1a,6,7,7c
- Chicken Salad Sandwich 1,1a,6,7c
- Cajun Chicken, Cheese, Lettuce and Onion - Sandwich 1,1a,3,6,7a,7c,9
- Chicken, Bacon, Cheese, Onion and Ballymaloe Relish 1,1a,6,7,7c,10

or a sandwich with filling of your choice

Allergens

I. Gluten 1a. Wheat 1b. Oatmeal 2. Crustaceans 3. Eggs 4. Fish 5. Peanuts 6. Soybeans 7. Milk 7a. Cream 7b. Cheese 7c. Butter 8. Nuts 9. Celery 10. Mustard 11. Sesame Seeds 12. Sulphur Dioxide 13. Lupin 14. Molluscs







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